

**PROGRAMA
NACIONAL**
Para a
SAÚDE MENTAL

I ENCONTRO INTERNACIONAL
**“O Papel e Importância da Família na
Doença Mental”**

GRANDE AUDITÓRIO PROFESSOR EGAS MONIZ / FACULDADE DE MEDICINA DA UNIVERSIDADE DE LISBOA
(traseiras do Hospital de Santa Maria)

PROGRAM

May 20th 2016

9h00

REGISTRATION OPENING

10h30

OPENING SESSION

Manuel Lopes | *Coordinator of the Reform of the Portuguese National Health on the Field of Continuous and Integrated Care*

António Leuschner | *President of the National Council for Mental Health*

Fausto J. Pinto | *Director of the Medicine School of the Lisbon State University*

Joaquina Castelão | *President of the Board of FamiliarMente*

11h00

KEY-NOTE SPEECH: “The Relevance of Families in Mental Health”

Álvaro de Carvalho | *Director of the National Program of Mental Health at the Health General-Direction*

Chair: António Leuschner | *President of the National Council for Mental Health*

11h30 – Panel I

FAMILY AND MENTAL HEALTH

Chair: Conceição Queiróz (journalist)

EUFAMI Experience – European Federation of Families of Mental Health Patients

Miia Männikko | *President of EUFAMI*

Aagje Leven | *General Secretary of EUFAMI*

Family and Mental Health in Spain

Nel Anxelu González Zapico | *President of the Confederation of Mental Health, Spain*

Alfonso Serrano Movila | *Director of Planning and Quality of the Confederation of Mental Health, Spain*

The Role and Importance of Family in the Portuguese Context of Mental Health

Miguel Durães | *Vice-President of FamiliarMente*

DEBATE

12h30 Working Lunch

14h00 - PANEL II

MENTAL HEALTH, CURRENT ISSUES AND FUTURE IMPROVEMENTS

Mental Health Care Takers

Chair: Pedro Pinto (*Journalist*)

Public Sector

Ana Araújo | *Coordinator of the Communitarian Activities at the University Hospital of Coimbra*

Ana Matos Pires | *Director of the Psychiatry Services of ULSBA (Local Health Unit of Baixo Alentejo)*

Social Sector

Modern Psychiatric Institutions: the Future Starts Today

Pedro Varandas | *Clinical Director of the Health Home of Idanha and the Psychiatric Clinic of São José*

Hospitaller Institutes and Psychosocial Rehabilitation

Vítor Cotovio | *Clinical Director of the Health Home Telhal*

DEBATE

15h45 - *Coffee Break*

16h00 - PANEL III

MENTAL HEALTH FROM THE FAMILY POINT OF VIEW

Chair: Pedro Pinto (*journalist*)

Júlia Ferreira | *GIVE VOICE, Association of Families and Friends of the Users of the Health Home Rainha Santa Isabel (Condeixa-a-Nova)*

Alberto Lisboa | *ASAI, Association of Families of the Psycho Geriatric Center of Nossa Sra. de Fátima (Parede)*

Luís Oliveira | *ADEB, Association of Support of Depressive and Bipolar Patients (Lisboa)*

Margarida Trindade | *UNIR, Association of Mental Patients, Families and Friends in Algarve (Loulé)*

DEBATE

17h45

CLOSING SESSION

Paula Domingos | *Advisor of the National Program of Mental Health at the Health General-Direction*

Amadeu Eiras | *President of the Board of FamiliarMente*